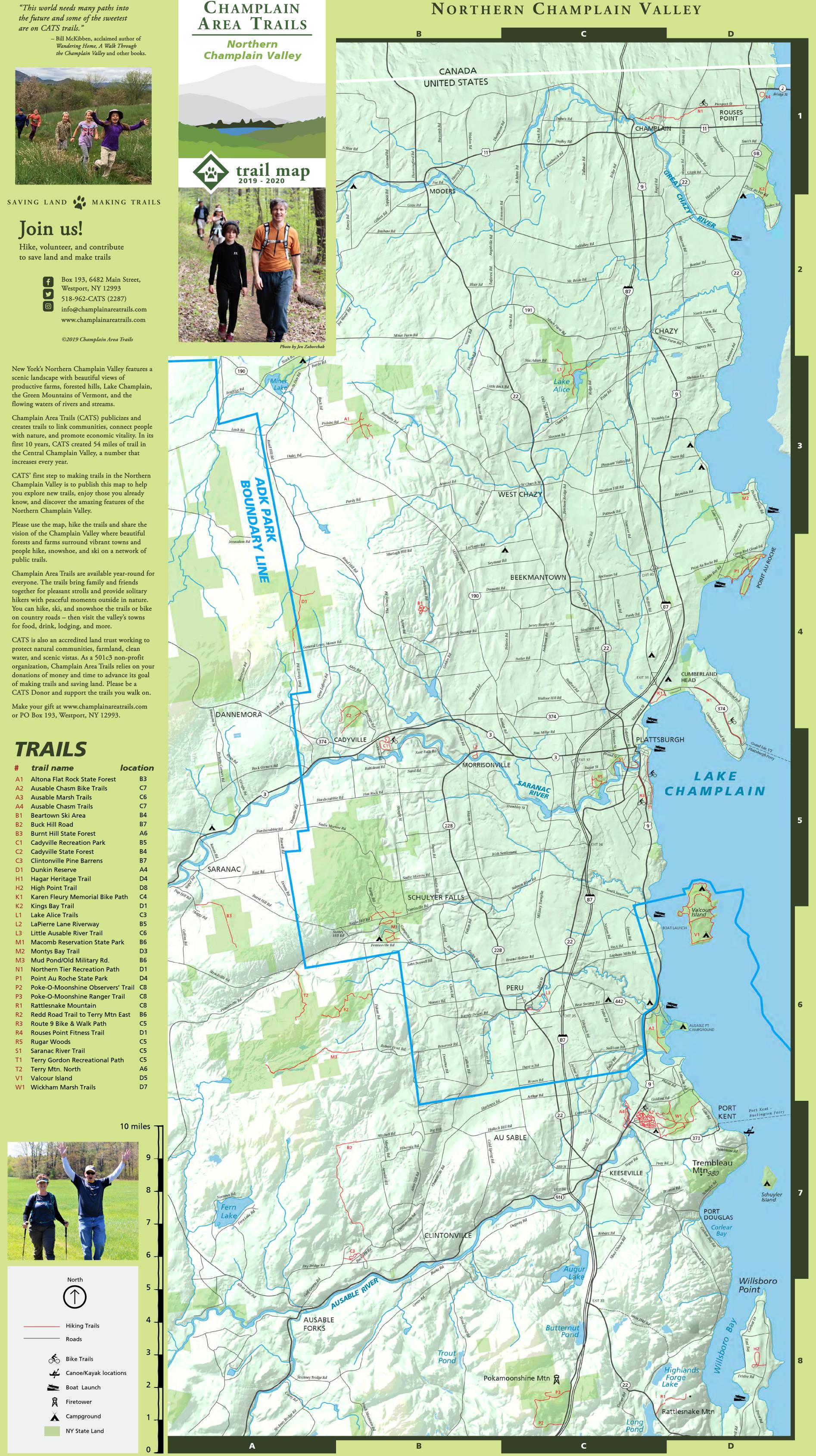
"This world needs many paths into the future and some of the sweetest are on CATS trails."



f Y

you explore new trails, enjoy those you already Northern Champlain Valley.



			12.10
#	trail name	ocation	5
A1	Altona Flat Rock State Forest	B3	Par al
A2	Ausable Chasm Bike Trails	C7	145
A3	Ausable Marsh Trails	C6	15 12
A4	Ausable Chasm Trails	С7	CALL ++
B1	Beartown Ski Area	B4	
B2	Buck Hill Road	B7	
B3	Burnt Hill State Forest	A6	a search
C1	Cadyville Recreation Park	B5	No 6
C2	Cadyville State Forest	B4	that - g
C3	Clintonville Pine Barrens	B7	6
D1	Dunkin Reserve	A4	
H1	Hagar Heritage Trail	D4	
H2	High Point Trail	D8	12 500
K1	Karen Fleury Memorial Bike Pa	th C4	Pup Hill Rd
K2	Kings Bay Trail	D1	1
L1	Lake Alice Trails	C3	
L2	LaPierre Lane Riverway	B5	7
L3	Little Ausable River Trail	C6	Colli
M1	Macomb Reservation State Parl	с B6	Collins Rd
M2	Montys Bay Trail	D3	
M3	Mud Pond/Old Military Rd.	B6	1
N1	Northern Tier Recreation Path	D1	H
P1	Point Au Roche State Park	D4	2.12
P2	Poke-O-Moonshine Observers'	Trail C8	150
P3	Poke-O-Moonshine Ranger Trai	I C8	1. Car
R1	Rattlesnake Mountain	C8	1.03
-			1 Alt 49

Champlain Area Trails publishes a map of NY's Central Champlain Valley Trails. To get your free copy, contact us at 518-962-2287 or info@ChamplainAreaTrails.com.

Location

Β3

Length

Trail Name

A1 Altona Flat Rock State Forest

#

A2

A3

Α4

Β1

B2

B3

C1

C2

C3

D1

Η1

H2

K1

K2

L1

L2

L3

M1

M2 Montys Bay Trail

D3

1 mi RT

easy

* *

Funding for this map is provided by CATS Donors, the International Paper Foundation, and the **Environmental Protection Fund through its** NY State Conservation Partnership Program.

Difficulty

XC-ski

Description

Thank you to the landowners with CATS trails on their properties and to all the donors, grant makers, business sponsors, volunteers, and hikers. Thank you to David Thomas Train for compiling the trail information, to Jen Zahorchak for the beautiful photos, and to Gwen Jamison for designing the trail map.

Directions

LAND OWNERS Special thanks to the International Paper Foundation NYS – New York State for a grant to support printing PL – Private landowner(s) the CATS Trail Maps TNC – The Nature Conservancy

From Military Turnpike Rt 190 go north on Rock Rd 1 mi to

Take Rt. 9 to Point Au Roche Rd. to Cemetery Rd. to

Dickson Point Rd.

Ownership

NYS



568 Shore-Airport Road, Ticonderoga, NY (518) 585-5300





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In the Heart of the Champlain Valley

Growers & Packers of Fancy McIntosh, Honeycrisp &



Altona Flat Rock State Forest	B3	1 to 3 mi	easy	Š Ž	Four level trails in a unique pine barren forest	Pedobo Rd. Start there or walk down road to trailhead.	NYS, TNC, PL
Ausable Chasm Bike Trails	С7	many miles of trails	easy to challenging	Ť Ś	Numerous bike trails and loops on woods roads adjacent to the Ausable Chasm Campground.	Access via Rt 373 just east of Rt 9.	PL
Ausable Marsh Trails	C6	2.5 mi RT	easy	<u> </u>	Trail on old road above wetland to Ausable River with spur trail to lake. Good bird watching	Take DEC dirt access road just south of Bear Swamp Rd. Go ¼ mi to trailhead.	PL
Ausable Chasm Trails	С7	0.5 to 5 mi	easy	*	\$9-\$18 entry fee to hike along "Grand Canyon of the Adirondacks"	Entrance on Rt 9, 1 mi north of Keeseville	NYS
Beartown Ski Area	B4	up to 1 mi RT	moderate	<u> *</u> *	Hike on four ski slopes that are grassy meadows during the off-season with wooded xc ski loops at the top of the hill. Fees in winter.	From Jersey Swamp Road, go north on Golden Road to Beartown Road. Turn left and go to ski area.	Beartown Ski Area www.skibeartown.com
Buck Hill Road	Β7	9 mi RT	moderate	Ħ S	A well-graded, little-trafficked dirt road between remote parts of Ausable and Peru.	North trailhead at Mitchell Rd "seasonal road" sign. South trailhead at Buck Hill Rd "Pavement Ends" sign. Park well off the shoulder of road.	Towns of Peru & Ausable
Burnt Hill State Forest	A6	3 mi RT	easy	ぎゃく	Gently rising trail on old road through forest plus numerous unmarked trails.	From Pup Hill Road, take Maggy Rd to dirt road on left. Go 0.4 mi to trailhead.	NYS
Cadyville Recreation Park	В5	0.4 to 1.9 mi RT	easy	<u> I</u>	Three mostly level trails including a children's "storybook trail."	Goddeau Road in Cadyville, just south of Rt 3	Town of Plattsburgh
Cadyville State Forest	Β4	Up to 4 mi RT	easy	S.	Two level trails along woods roads, with short side spurs.	On Jennings Road in Cadyville. Park at gate where sign says "State Forest 1 Mile"	NYS
Clintonville Pine Barrens	Β7	0.9 mi	easy	Ť	Level marked trail loop through pine-blueberry habitat in this 900-acre nature preserve. Also, two unmarked 0.3 mi out-and-back level trails.	From Ausable Forks, go north 3 miles on Golf Course Rd. Turn rt on Dry Bridge Rd, then left on Buck Hill Road. Trailhead 0.3 mi on left.	TNC
Dunkin Reserve	Α4	4 m	easy	Ť	A gently rising trail through second growth woods to a mature hardwood forest where the trail intersects an east-west woods road.	Access from General Leroy Manor Rd just east of Bart Merrill Rd.	NYS
Hagar Heritage Trail	D4	6 mi RT	easy	্য	Paved roadside path from one end of Cumberland Head to the other	Goes along Rt. 374 between Plattsburgh City Beach and Grand Isle Ferry Dock	Town of Plattsburgh
High Point Trail	D8	1.75 RT	easy	Ť	Pleasant hike through pretty forest to high point on Willsboro Point	Trailhead on Point Road, 0.5 mi north of Frisbie Rd	PL
Karen Fleury Memorial Bike Path	C4	1 mi RT	easy	Ś	A paved, level loop in the north end of Plattsburgh, near Cumberland State Park	Access Route 9 and Thomas McDonough Highway	City of Plattsburgh
Kings Bay Trail	D1	1 mi RT	easy	ぎゃく	A level trail through a wetland to the Lake Champlain shore.	Take Lake St to Point Au Fer Rd and go east ½ mi	NYS
Lake Alice Trails	С3	0.5 mi-2 mi RT	easy	Ť	Five level trails through and around wetlands	Access from McAdam Rd, Ridge Rd. and NY Rt. 191	NYS
LaPierre Lane Riverway	В5	0.25 mile RT	easy	đ	Short trail with a healing and meditative garden, boardwalk, exercise equipment, youth adventure area	Trail starts at the south end of LaPierre Lane off of Route 22B, in Morrisonville	Town of Plattsburgh
Little Ausable River Trail	C6	3.6 mi RT	easy	<u> I</u> S	A flat gravel and paved trail along Little Ausable River; near Peru are interpretive signs about human and natural history	North access from Rt 22. South access from Mason Hill Road.	Town of Peru
Macomb Reservation State Park	B6	0.5 to 1 mi RT	easy	<u>-1</u>	Several gentle trails and woods roads, including a 1 mi. looped nature trail with side paths north and south of the lake. On the north side of County Rt 33 at the Mohawk Nation boundary, the trails are strictly posted "No trespassing."	Access: Norrisville Road and Campfire Road west of Schuyler Falls	NYS

M3	Mud Pond/Old Military Rd.	B6	6.8 mi RT	mod-difficult	A S	An rough, out-and-back mostly level dirt road to a major wetland complex	Access off of Patent Road, Peru; park where pavement ends	NYS & PL
N1	Northern Tier Recreation Path	D1	10 mi RT	easy	্য	A level paved walking, jogging, and bike path between the villages of Champlain and Rouses Point	Access: Elm St., Heyford Rd., Chapman St., Prospect St., Church St.	Town of Champlain
P1	Point Au Roche State Park	D4	1.4 to 4.1 mi RT	easy	<u> 4</u> % 8	Six mostly level hiking trails and one bike path in woods, fields and wetlands near Lake Champlain	Take Rt. 9 to Point Au Roche Road	NYS
P2	Poke-O-Moonshine Observers' Trail	C8	5 mi RT	mod/difficult	₹ %	Trail through beautiful forests to Poko summit. More gradual and longer than Ranger Trail	Trailhead on Rt 9, 4 mi south of I-87 Exit 33	NYS
Р3	Poke-O-Moonshine Ranger Trail	C8	4 mi RT	mod/difficult	**	Steep trail. Summit features fire tower and panoramic views	Trailhead on Rt 9, 2.8 mi south of I-87 Exit 33	NYS
R1	Rattlesnake Mountain	C8	3.2 mi RT	mod/difficult	**	Trail follows old road then climbs steeply to summit with views	Trailhead on Rt 22, 5 mi south of I-87 Exit 33 or 3 mi north of Willsboro	PL
R2	Redd Road Trail to Terry Mtn East	B6	5.6 mi RT	mod/difficult		Mountain road with a gentle grade for first mile. Then grade steepens and road become rough. One-way distance to upper southwest end 2.8 mi. Northwest spur ends at private land.	Accessed from Patent Road. In summer, drive down the road 1 mile and park at the clearing just before road steepens. In winter, park where Redd Rd begins.	NYS
R3	Route 9 Bike & Walk Path	C5	1.5 mi RT	easy	A S	Paved path beside US Route 9 from South Platt St to Plattsburgh city limit at Nevada Oval	Rt 9 at Nevada Oval	Town of Plattsburgh
R4	Rouses Point Fitness Trail	D1	0.5 mi	easy	<u>.</u>	Level 0.5 mi loop around the Civic Center with five fitness stations	Address is 39 Lake St, Rouses Point	Village of Rouses Point
R5	Rugar Woods	C5	1.5 mi RT	easy	<u>A</u>	Several level loop trails in woods between SUNY Plattsburgh Field House and Saranac River	Access from SUNY Plattsburgh Field House and Rugar Street	SUNY Plattsburgh
S1	Saranac River Trail	C5	2 mi	easy	<u> 1</u> 5	A paved trail along the river from a residential neighborhood to the SUNY Plattsburgh campus	Access points: Caroline Street, Catherine Street, and George Angell Drive	City of P'burgh, SUNY P'burgh; mgr Friends of Saranac River Trail
T1	Terry Gordon Recreational Path	C5	4 mi RT	easy	<u> 4</u> % S	A paved biking & walking trail along Lake Champlain	Access: Hamilton Street and Nevada Oval.	Town of Plattsburgh
T2	Terry Mtn. North	A6	4 mi RT	mod/difficult	<u> </u>	A 2-mile, 1300' climb on a maintenance road. Ends at private property with TV tower. Do not block road or go on private property around TV tower.	Access: Peasleeville Road just west of Strackville Rd. Park on south side below gate.	NYS
V1	Valcour Island	D5	0.2 mi. to 9 mi	easy	**	Over 9 miles of level trails around and across 900-plus acre island	Access by canoe, kayak, or motorboat from the Peru Boat Launch on Route 9	NYS
W1	Wickham Marsh Trails	D7	2 to 6 mi	easy/mod	<u>Å</u>	Series of trails through forests above, around, and along a large wetland	Trailheads on Rt 373, Lake St, & Giddings Rd	NYS

A level trail across the mouth of the Montys Bay wetland



Thank you to the Clinton County Health Department for permitting the use of the detailed trail information shown here

Rouses Point Fitness Trail www.rousespointny.com

Air Skier

C Arm/Leg Press

Tol Chi Paddles/Hand Cycle

Steps/Torso T

大桥公司的同 Flat, paved trail

The Rouses Point Fitness Trail loops around the Civic Center and features five fitness stations along the walking path. The 1/2 mile Fitness Trail is located with a playground, soccer fields, pickleball, basketball and tennis courts. It connects to Veterans Park on Lake Champlain.

Directions: From I-87 Exit 42, travel east on Route 11. Continue past intersection with Route 9. Turn North onto Route 9B. Proceed to 39 Lake Street.





Saranac River Trail www.saranacrivertrail.org

1/2 Mile Leop



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Cadyville Park Trails www.townofplattsburghrecreation.com



京都方式 · in Unpaved, natural trails

The Cadyville Recreation Park Trail System contains several miles of looping, single-track wooded trails. Three trails of varying lengths suitable for walking are marked with color-coded signs. A new, Storybook Trail is located at the end of the parking lot as part of the blue trail. The trails are also close to the park's Disc Golf Course, playground, athletic courts and fields.

Directions: From Route 3, turn onto Goddeau Road. Turn again on Amell Lane into the Cadyville Recreation Park. The trail head is at the far end of the parking lot.

Terry J. Gordon **Recreational Path** www.plattsburghrecreation.com

Pine

1,000

Feet



Flat, paved path

The Terry J. Gordon Recreational Path runs 1.6 miles along Lake Champlain adjacent to the Canadian Pacific Railway in the City of Plattsburgh, behind the U.S. Oval. The area features views of Lake Champlain and many sites of historical significance. The south end of the path allows bikers to access Route 9, while the north end leads to the marina and a network of downtown streets and paths suitable for walking.

Directions: From U.S. Route 9 in the City of Plattsburgh, turn onto either Hamilton Street (north end) or Nevada Oval (south end). The path can also be accessed directly behind the City Recreation Center on the U.S. Oval. Parking is available on Hamilton Street, Jay Street and Nevada Oval.

大村家这两日 **Paved trail**

This scenic path begins in the Village of Rouses Point at Rouses Point Elementary School, crosses through of the Town of Champlain and ends at Bill Earl Park in the Village of Champlain. With its grand opening in June 2018, this new addition to Clinton County allows residents and visitors to walk, run, bike, or roll safely from one village to the other.

Directons: Take I-87 Exit 42, to Route 11, Head east on Route 11 to intersect with Route 9. Turn left and follow Route 9 to just past Champlain Village Office (1104 U.S. 9). Turn right onto Elm Street Bridge. Take immediate right onto River Street, Bill Earl Park.

Point Au Roche State Park Trails

www.nysparks.com/parks/30/details.aspx http://friendsofpointauroche.org



Paved and unpaved trails

Point Au Roche State Park contains Clinton County's best-known trail system, with a variety of trail surfaces . Starting at the Nature Center, the 1.8 mile Dr. Philip Walker Trail is a Memorial Nature Trail featuring 22 locations to illustrate natural processes.

Directons: From Route 9, turn onto Point Au Roche Road. Pass the first entrance to Point Au Roche State Park and turn right on to Camp Red Cloud Road to reach the Nature Center. Parking is available at the Nature Center.

KANK KA KA

The Saranac River Trail runs 1.3 miles through the City of Plattsburgh and behind the SUNY Plattsburgh campus, adjacent to the Saranac River. Those who plan to travel the full length of the trail will cross South Catherine Street. The trail has multiple access points. The Saranac River Trail Greenway Committee is working to expand this trail in coming years as part of a 20+ mile network.

Directions: To reach the trail head, turn onto George Angell Drive off Rugar Street in the City of Plattsburgh, near Plattsburgh High School. Or, connect to the trail via Pine Street (by the Plattsburgh City Police Department). Parking is available at George Angell Drive trail head or on the street near the police station.

Little Ausable River Trail www.townofperu.com



大参村太子 (木) ふ 🛱 Paved trail

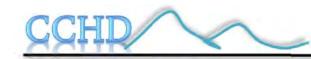
The Little Ausable River Trail runs 1.25 miles through the hamlet of Peru, NY, connecting Heyworth Mason Park (Mason Hill Road) to Sullivan Park (off Route 22). Walkers may then choose to complete a loop along the sidewalks of Main Street. A short hillside walking path also creates a connection between the gazebo and playground at Little Ausable Park and Heyworth Mason Park.

Directions: From I-87 Exit 35, travel west on Bear Swamp Road. Turn right on Main Street (NY22). Take the 2nd right on Mason Hill Road into Heyworth Mason Park. Parking is available at all three connected parks, including handicapped accessible spaces at the stone mill in Heyworth Mason Park.

Champlain Area Trails hosts regular hikes and educational outings including a Grand Hike between towns in May. To get regular emails about hikes, new trails, upcoming activities, and more, contact info@champlainareatrails.com or call 518-962-2287.







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> "Working Together for a Healthier Community"



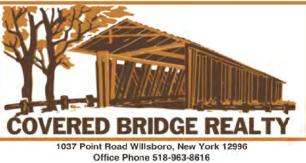
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